

प्रदेश लोक सेवा आयोग

गण्डकी प्रदेश

नेपाल स्वास्थ्य सेवा, जनरल नर्सिङ्ग समूह, नवौं (९) तहको खुला र आन्तरिक प्रतियोगितात्मक परीक्षाको पाठ्यक्रम

Paper II: Technical Subject

1. Specific content on Job related activities in Nursing
 - 1.1. Types, Importance and applications of nursing theories and models.
 - 1.2. History of nursing in Nepal
 - 1.3. Trends and issues in Nursing
 - 1.4. Different approaches of Leadership
 - 1.5. Organizational Communication
 - 1.6. Guidance and Counseling in nursing
 - 1.7. Public relation in Nursing
 - 1.8. Nursing personnel management
 - 1.9. Risk management in nursing.
 - 1.10. Disaster/mass causality management
 - 1.11. Problem and stress management in nursing
 - 1.12. Equipment/supplies management.
 - 1.13. Nursing budget management.
 - 1.14. Nursing record and report
 - 1.15. Job description of various categories of nursing personnel
 - 1.16. Process of conducting nursing In-service education/Education programme.
2. Education (Health Education)
 - 2.1. Planning of short and long term educational programme in nursing
 - 2.2. Implementation of educational programme.
 - 2.3. Monitoring supervision of educational programme.
 - 2.4. Evaluation of short term and long term educational programme
3. Recording and Reporting
 - 3.1. Nursing staff, Leaves confidential report
 - 3.2. Hospital record
 - 3.3. In-service education
 - 3.4. Infection control nursing service activities
 - 3.5. Inventories
4. General health problems related to each body system throughout life term
 - 4.1. New born
 - 4.2. Infant
 - 4.3. Todler
 - 4.4. School Children
 - 4.5. Adolescence health
 - 4.6. Young adult hood
 - 4.7. Adult hood
 - 4.8. Early and late middle aged
 - 4.9. Elderly- needs and development tasks of elderly people
 - 4.10. Each body system problems
 - 4.11. Musculo skeletal system
 - 4.12. Nervous system

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- 4.13. Respiratory
- 4.14. Cardiovascular
- 4.15. Genito urinal system
- 4.16. Gastrointestinal system
- 4.17. Endocrinal system
- 4.18. Reproductive system Male/Female
5. Midwifery
 - 5.1. Antenatal care
 - 5.2. Natal and Intra natal
 - 5.3. Post natal
 - 5.4. Comprehensive abortion care
 - 5.5. Post abortion care
 - 5.6. Legalization of abortion
 - 5.7. Safe abortion policies and strategies
 - 5.8. Family reproductive health
 - 5.9. Gender mainstreaming in health
 - 5.10 Safe Motherhood Programme
6. Indicators
 - 6.1. Health indicators
 - 6.2. Demography/Socio-cultural
 - 6.3. Socioeconomic
 - 6.4. Reproductive health indicators
7. Mental health problem in Nepal
 - 7.1. Preventive, Promotive and Rehabilitative aspects.
 - 7.2. Substance abuse
 - 7.4. Alcoholism
 - 7.5 Mental Health Policy
 - 7.6 Mental health problems and programmes
 - 7.7 Psychiatric Emergencies
8. Educational Science:
 - 8.1 Behavioral objective, domains of objective, types and methods of evaluation,
 - 8.2 Concept and step of curriculum development.
9. Nursing Research
 - 9.1. Types and Purpose of nursing research
 - 9.2. Research
 - 9.3. Area/elements of Nursing research
 - 9.4. Components of research proposal and research report

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